Please submit your abstract by email ([5-ishmb@h2medi.com](mailto:5-ishmb@h2medi.com)), using Words application (.docx), When you wish to embed a Figure(s) or Table(s), please submit the PDF file as well as the words file. Please use the font of Times New Roman throughout your manuscript.

Please indicate the presentation format (oral, video, or poster) in the first line.

**Title (14 pt, bold)**

(space)

Shigeo Ohta, co-presentator1, co-presentator2 and copresentator3 (14 points. The presenter should be underlined)

Department of Biochemistry and Cell Biology, Nippon Medical University, Kawasaki, JAPAN Affiliation should include the name of city and country

Email address: Essential information

Keywords (5-10 words) Essential information

(space)

**Introduction** (The structural ABSTRACT (Introduction, Methods, Results, Conclusions) is welcome, but it is not essentially required.)

**Methods**

**Results**

**Conclusion**

(A figure(s) and/or Table(s) can be embedded if necessary), but in this case, please submit a pdf file as well as words file (.docx)

**References** (about 10 major publications should be listed to introduce yourself).

(1)  Ohsawa I, Ishikawa M, Takahashi K, Watanabe M, Nishimaki K, Yamagata K, Katsura K, Katayama Y, Asoh S, Ohta S. [Hydrogen acts as a therapeutic antioxidant by selectively reducing cytotoxic oxygen radicals.](https://pubmed.ncbi.nlm.nih.gov/17486089/) Nat Med. 2007 Jun;13(6):688-94. doi: 10.1038/nm1577.

(2)

(3)

(4)

(5)

(6)

(7)

(8)

(9)

(10)

If there is not enough space on page 2 to list all 10 references, please list the first author only (such as xxx et al.) or use page 1.

**Biography** (100 - 200 words)

Dr. Shigeo Ohta is currently a Professor Emeritus at Nippon Medical University, Tokyo, Japan and a Visiting Professor of Juntendo University, Tokyo, Japan. He graduated from the university of Tokyo in 1974, and received his Ph. D from the university of Tokyo in 1979. He spent three years as a postdoctoral fellow at the Biocenter Institute of University of Basel, Basel, Switzerland. Since 1985 he was a lecturer and assistant professor at Jichi Medical University in Japan, and became a professor at Nippon Medical University in 1994, retiring at the age of 65. He is serving as the Honorary Presidents of the Japanese Society of Mitochondrial Research and Medicine, the Japanese Biomedical Society for Molecular Biology and International Society for Hydrogen Medicine and Biology. His total publication citations are 19,400 and his h-index is 72. In the hydrogen medicine, he discovered the biomedical function of molecular hydrogen and published a historical article in Nature Medicine 2007 and is known as the pioneer of hydrogen medicine.

Since it is important for us to get to know each other at this conference, please include your publication list and a biography to introduce yourself.

**COI**

xxxx is the Chairman of xxxxxxx Co. Ltd., (city, country), CEO of xxxxxxxxxxxxxxxx, Co. Ltd., (city, country), and vice-president of xxxxxxxxxxxx (city, country).

**Requirements related to clinical trials**  
For studies involving human subjects, it is recommended to obtain approval from an ethics committee in accordance with the relevant guidelines of each country, and you should state the ethics committee and approval number, as well as the registration identifier in a registration platform such as clinicaltrials.gov or UMIN. However, clinical studies that have neither been approved by an ethics committee and are nor registered in the registration platform will be accepted in this conference. Please refer to the following Japanese guidelines especially on Section 5.1 Case Reports.  
[Japanese](https://files.jmsf.or.jp/uploads/medium/file/298/20240111133412.pdf) [English](https://donutsring.com/ishmb5/wp-content/uploads/2025/05/Excerpts-from-the-guidelines-on-ethical-procedures-for-submitting-abstracts-to-academic-conferences.pdf)